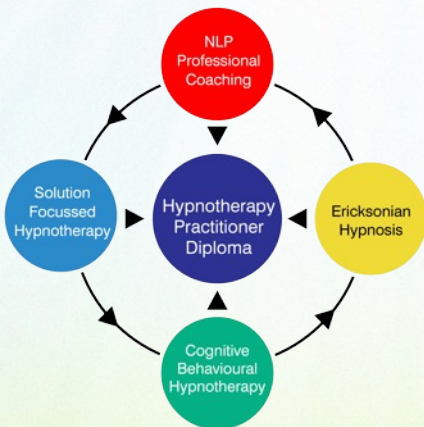




UK College of
Clinical Hypnosis



central england college



2015/16

Course Timetable,
Fees and Application Form

www.centralenglandcollege.org

Professional Practitioner Programme

2015/2016 programme – weekday and weekend courses –

You can choose either weekday or weekend for each course

To gain the Hypnotherapy Practitioner Diploma (HPD) requires completion of all four courses in any order. The HPD can be taken entirely as a weekend course over one year. Alternatively you may choose to attend entirely on weekdays and, by so doing, qualify more quickly. So you are free to study at your own pace and even mix and match some weekend training and some weekday.

Mindfulness Meditation Teacher Training is now our most popular course and we are offering The UK College of Mindfulness Meditation training as a weekday training option to the NLP Coaching course. Further information is on the next page.

Weekday Course Dates 2015/2016

Booking Code:	Dates:	Course:	Booking Required ✓ :
CBH1501	5th to 9th January 2015	Cognitive Behavioural Hypnotherapy	
MM1501	19th to 23rd January 2015	Mindfulness Teacher Training	
NLPC1502	16th to 20th February 2015	NLP Professional Coaching	
SFH1503	23rd to 27th March 2015	Solution Focussed Hypnotherapy	
MM1504	13th to 17 April 2015	Mindfulness Teacher Training	
EH1504	27th April to 1st May 2015	Ericksonian Hypnosis	
MM1506	1st to 5th June 2015	Mindfulness Teacher Training	
CBH1506	15th to 19th June 2015	Cognitive Behavioural Hypnotherapy	
NLPC1509	7th to 11th September 2015	NLP Professional Coaching	
MM1509	21st to 25th September 2015	Mindfulness Teacher Training	
SFH1510	12th to 16th October 2015	Solution Focussed Hypnotherapy	
MM1511	2nd to 6th November 2015	Mindfulness Teacher Training	
EH1511	16th to 20th November 2015	Ericksonian Hypnosis	
CBH1601	4th to 8th January 2016	Cognitive Behavioural Hypnotherapy	
MM1601	18th to 22nd January 2016	Mindfulness Teacher Training	
NLPC1602	1st to 5th February 2016	NLP Professional Coaching	
SFH1603	7th to 11th March 2016	Solution Focussed Hypnotherapy	
EH1604	4th to 8th April 2016	Ericksonian Hypnosis	
MM1604	18th to 22nd April 2016	Mindfulness Teacher Training	
CBH1606	6th to 10th June 2016	Cognitive Behavioural Hypnotherapy	
MM1606	20th to 24th June 2016	Mindfulness Teacher Training	
NLPC1609	5th to 9th September 2016	NLP Professional Coaching	
MM1609	19th to 23rd September 2016	Mindfulness Teacher Training	
SFH1610	3rd to 7th October 2016	Solution Focussed Hypnotherapy	
EH1611	7th to 11th November 2016	Ericksonian Hypnosis	
MM1611	14th to 18th November 2016	Mindfulness Meditation	

Weekend Training Dates 2015

Booking Code:	Dates:	Course:	Booking Required ✓ :
SFHW1501	10th and 11th January 2015 7th and 8th February 2015 7th March 2015	Solution Focussed Hypnotherapy	
EHW1503	8th March 2015 18th and 19th April 2015 16th and 17th May 2015	Ericksonian Hypnosis	
CBHW1506	13th and 14th June 2015 11th and 12th July 2015 12th September 2015	Cognitive Behavioural Hypnotherapy	
NLPCW1509	13th September 2015 10th and 11th October 2015 7th and 8th Nov 2015	NLP Professional Coaching	

Weekend Training Dates 2016

Booking Code:	Dates:	Course:	Booking Required ✓ :
SFHW1601	9th and 10th January 2016 13th and 14th February 2016 12th March 2016	Solution Focussed Hypnotherapy	
EHW1603	13th March 2016 9th and 10th April 2016 7th and 8th May 2016	Ericksonian Hypnosis	
CBHW1606	11th and 12th June 2016 9th and 10th July 2016 10th Sept 2016	Cognitive Behavioural Hypnotherapy	
NLPCW1609	11th Sept 2016 8th and 9th October 2016 12th and 13th Nov 2016	NLP Professional Coaching	

Mindfulness Meditation Teacher Training



We now provide The UK College of Mindfulness Meditation certified teacher training course. Research has shown that Mindfulness Meditation offers powerful health and wellbeing benefits. Qualified teachers can be in high demand, teaching 1 to 1, as well as in groups and within organisations. This training includes Mindfulness Based Stress Reduction (MBSR) and Mindfulness Based Cognitive Therapy (MBCT), both are evidence based and the latter is recommended by NICE.

The Mindfulness Meditation teacher training course (currently our most popular course), in a 5 day, Monday to Friday format, is available as a same cost option to the NLP Coaching module of the Hypnotherapy Practitioner Diploma training, or can be taken as an additional course at a reduced cost. Training dates are listed and highlighted in purple on the previous page. For further information please visit www.mindfulnessnow.org.uk

Mind Wide Open

Mind Wide Open is our one day, foundation/introductory course in Hypnotherapy, Coaching, NLP and Mindfulness Meditation. Participants will experience going into hypnosis themselves as well as learning how to take someone else safely and easily in and out of hypnosis. You will also learn some NLP models for rapid change and some of the basic skills of Mindfulness and Life Coaching. The day is a highly practical and fun way to learn and an ideal (low cost) taster if you are considering the other courses.

Booking Code:	Dates: (Sundays)	Course:	Booking Required ✓ :
MWO1501	4th January 2015	Mind Wide Open	
MWO1503	1st March 2015	Mind Wide Open	
MWO1506	7th June 2015	Mind Wide Open	
MWO1509	6th September 2015	Mind Wide Open	
MWO1511	1st November 2015	Mind Wide Open	
MWO1601	3rd January 2016	Mind Wide Open	
MWO1603	6th March 2016	Mind Wide Open	
MWO1606	5th June 2016	Mind Wide Open	
MWO1609	4th September 2016	Mind Wide Open	
MWO1611	6th November 2016	Mind Wide Open	

Course Fees

Course:	Fees:
Cognitive Behavioural Hypnotherapy	£700.00
NLP Professional Coaching – or Mindfulness Meditation	£700.00
Solution Focused Hypnotherapy	£700.00
Ericksonian Hypnosis	£700.00
Complete Hypnotherapy Practitioner Diploma	£2,300.00 (a saving of £500.00)
All the above 4 courses plus the Mind Wide Open Foundation Course	
NLP Professional Coaching– as an additional course	£450.00
Mind Wide Open	£50.00 (fully refundable when you decide to sign up for any of the above courses)

Please note, course fees are inclusive of assessment, certification, supervision, all training manuals and, where appropriate, diploma registration. Fees may be subject to VAT where applicable.

Training Course Application Form

(please photocopy, complete and send with remittance, or simply book by phone)

Please book me on to the following training course/s:

Course:	Dates:	Code:	Fees:
Mind Wide Open (Optional)			£50.00

Please note the following courses may be taken in any order:

Cognitive Behavioural Hypnotherapy			£700.00
NLP Professional Coaching – or Mindfulness Meditation			£700.00
Solution Focussed Hypnotherapy			£700.00
Ericksonian Hypnosis			£700.00

Please note that the total fee is £2,300.00 if you are booking and paying for the above courses (£500.00 saving) VAT may be applicable, where appropriate. Please contact us for information.

Mindfulness Teaching Training or NLP Professional Coaching as an additional course			£450.00
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My cheque, made payable to “Central England College” for £ _____ is enclosed

Or, book and pay by phone with your credit or debit card on **0121 444 1110**

Surname: _____ First name/s: _____ Title: _____

Name as you would like it to appear on certificates/diploma: _____

Preferred first name: _____ Date of Birth: _____

Address: _____

Postcode: _____

Occupations/s: _____ Telephone No: _____

Mobile: _____

Book and Pay by Phone Now on 0121 444 1110

TERMS AND CONDITIONS: Upon receipt of your application, by post, phone or email, we will contact you to discuss confirmation of your enrolment. All fees are refundable or transfer to alternative course dates offered, provided that a clear 30 days notice prior to commencement of training, is given. We constantly seek to improve and update the quality and content of our training courses. We therefore reserve the right to change our syllabuses and course structures. We also reserve the option, in certain circumstances, to change trainers, dates and training venues. If this does happen, and in all events, we guarantee to maintain the quality and value of our training. Nothing in our prospectus or this document forms a contract. Photographic, audio and video recordings of our courses are not allowed. Although our policy is one of open access, we reserve the right to refuse any course application at our discretion and to terminate the training of any student whose conduct is deemed offensive/disruptive. If you have a learning difficulty or suffer/have suffered from any serious physical or mental condition which might impact on your training and subsequent professional practice, please discuss this in confidence with your tutor at the time of enrolment. For any help/advice please don't hesitate to call us. Details of course timings, directions and (where appropriate) a recommended reading list will be sent to you with your receipt.

I have read and accept the above Terms and Conditions of enrolment:

Signature: _____ Date: _____

Intensive One to One Training

A very small number of places, for each course, are available for those with time constraints or who wish to qualify through an intensive, one to one, trainer/student or micro-group route. The number of hours of attendance can be significantly reduced and the qualification attained in a considerably shorter timeframe. If you feel this is for you please ask us for details.

Distance Learning Option

All courses are available to study through, fully tutor supported, distance/on-line learning. Distance learning courses may be linked to short intensive, attendance training courses to meet the requirements of individual learners. Students learn at their own pace and receive personal tutorials, assignments and supervision. Please call us to arrange for an informal discussion.



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