

Professional Practitioner Programme |

Solution
Focussed
Hypnotherapy

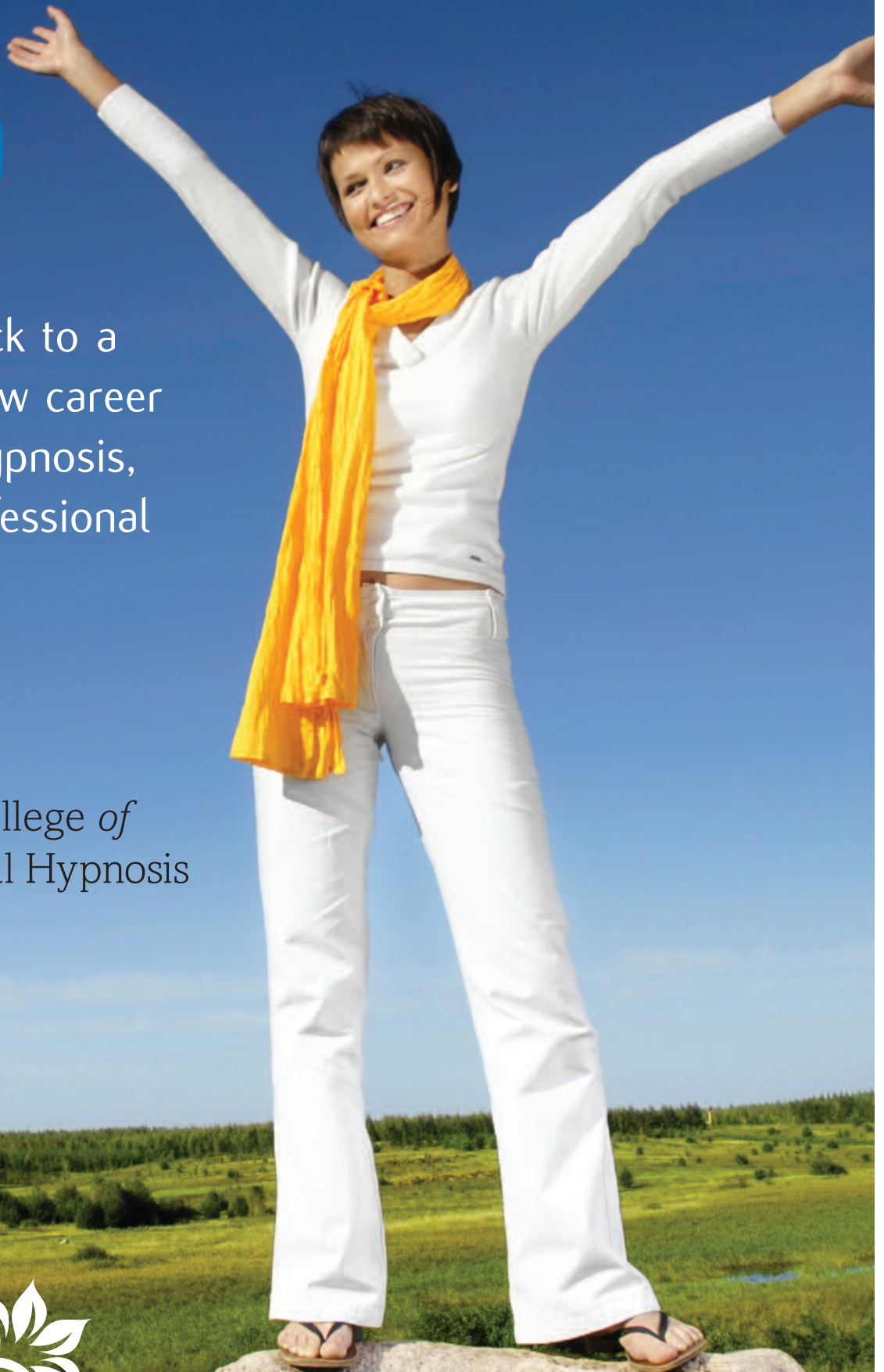
Your fast track to a
successful new career
in Clinical Hypnosis,
NLP and Professional
Coaching...



UK College of
Clinical Hypnosis



central england college



Solution Focussed Hypnotherapy 5 Day Intensive Practitioner Course Including Classical and Analytical Hypnosis

The skills of assisting clients to resolve issues with which they may have struggled for some period of time, is, or should be, at the forefront of all psychotherapeutic training. Beginning with counselling skills and rapport building techniques, this 5 day certificated training develops into the use of Solution Focussed Hypno-Psychotherapy techniques, including the use of therapeutic metaphor.

Sometimes clients are resistant to change, possibly due to some secondary gain associated with the symptoms, often at an unconscious level. This course teaches ways of uncovering and resolving deeper issues through a number of time regression techniques.

We also teach you how to work safely and successfully with children and how to employ cellular healing and pain control techniques. You will also learn how to use Eye Movement Desensitisation and Reprocessing (EMDR) a remarkable technique for overcoming post traumatic stress disorder and for removing fears and phobias.

Completion of this course provides two separate certificates, one in 'Solution Focussed Hypno-Psychotherapy' and one in 'Solution Focussed Counselling Skills'.



A comprehensive training manual together with practical and written assignments is provided.

Regular ongoing mentoring and supervision sessions are all included within the training fees.

When you attend this training you will learn:

- Counselling techniques including Rogerian (Person Centred) and specialised counselling approaches
- How to “Scramble” Symptoms to dissolve their power and attachment
- A comparison of solution focussed and regression / analytical work including “Rapid Direct to Cause” techniques
- Therapeutic Metaphor
- Anxiety States Therapy
- Stress Management Techniques
- The De Shayzer “Solution Focussed Therapy” Model
- Hypnotherapy and the successful treatment of IBS
- Treatment of emotional and psychosomatic disorders
- Working with substance misusers
- Eye Movement Desensitisation and Reprocessing (EMDR)
- Inner Child healing
- Working with Children
- An introduction to “Gestalt” approaches
- Pain Control
- Safeguards and Ethical Considerations

and much, much more!





Book your fast track
to a successful new career
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call us today on:

0121 444 1110



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The Association for Professional
Hypnosis and Psychotherapy

